

SCREENS AND ADVERTISING

Impact of Media Use on Children and Youth, Canadian Paediatric Society - Position Statements and Recommendations for Physicians

www.cps.ca/english/statements/PP/pp03-01.htm

Commonsense Media Website

www.common sense media.org/

(Search “kids today are the first generation....”)

Media Awareness Network

www.media-awareness.ca/english/parents/index.cfm

The Role of the Media in Childhood Obesity

www.kff.org/entmedia/entmedia022404pkg.cfm

S.M.A.R.T. (Student Media Awareness to Reduce Television)

www.hprc.stanford.edu/pages/store/itemDetail.asp?169

Media Smart Youth

www.nichd.nih.gov/msy/index.htm

SCREENS AND ADVERTISING: FOOD

Advertising of Food and Beverages to Children Position paper. Dieticians of Canada, 2010.

www.dietitians.ca/Dietitians-views/Advertising-of-food-and-beverages-to-children.aspx

Do We Fatten Our Children at the Television Set? Obesity and Television Viewing in Children and Adolescents.

William H. Dietz Jr MD, PhD1 and Steven L. Gortmaker

www.pediatrics.aappublications.org/cgi/content/abstract/75/5/807

Nutritional Content of Foods Advertised During the Television Programs Children Watch Most (2005). Kristen

Harrison, PhD and Amy L. Marske, MA, Vol 95, No. 9. American Journal of Public Health 1568-1574

www.redorbit.com/news/health/229614/nutritional_content_of_foods_advertised_during_the_television_programs_children/index.html

TV isn't making kids fat. It's the ads. F Zimmerman and J. Bell (2010)

www.parentcentral.ca/parent/familyhealth/article/763240--tv-isn-t-making-kids-fat-it-s-the-ads

When Children Eat What They Watch (Jane L.Wiecha, K.E. Peterson, D.S. Ludwig, J. Kim, A. Sobol, S.L. Gortmaker, 2006)

http://www.healthyeatingactivecommunities.org/downloads/Pediatrics_TV_and_Nutrition.pdf

SCREENS AND THE BODY

Canadian Fitness and Lifestyle Research Institute (2010)

www.cflri.ca/eng/regionalhealth/index.php

Active Healthy Kids Canada

www.activehealthykids.ca/

Children's Vision: What Parents Need to Know

<http://www.allaboutvision.com/parents/>

Children's Posture and Muscle Activity at Different Computer Display Heights and During Paper

Information Technology Use. Leon Straker, Curtin University of Technology, Perth, Australia, Robin Burgess-Limerick,

University of Queensland, Brisbane, Australia, and Clare Pollock, Jemma Coleman, Rachel Skoss, and Barbara

Maslen, Curtin University of Technology, Perth, Australia, 2008

www.hfes.org/web/Newsroom/HumanFactors_Straker_etal.pdf

13. Note that although URLs may change, if the title document is entered into a search engine, it can usually be recovered.

SCREENS AND GENDER

Many Teens Spend 30 Hours A Week On 'Screen Time' During High School. Nunez-Smith M, Wolf E, Huang H, Emlpaganianuel E, Gross C. San Francisco, CA: Common Sense Media; 2008.

Proportion of boys and girls with low active play, high screen time, or both behaviours (BMC Public Health Table). Anderson et al. BMC Public Health 2008 8:366 doi: 10.1186/1471-2458-8-366.

SCREENS AND LEARNING

Association of television viewing during childhood with poor educational achievement. Hancox R, Milne B, Poulton R. <http://archpedi.ama-assn.org/cgi/content/abstract/159/7/614>

Many Teens Spend 30 Hours A Week On 'Screen Time' During High School. Jennifer O'Loughlin, Ph.D.; Marie Lambert, M.D.; Lise Gauvin, Ph.D.; Yan Kestens, Ph.D.; and Mark Daniel, Ph.D. <http://www.sciencedaily.com/releases/2008/03/080312172614.htm>.

Prospective Associations Between Early Childhood Television Exposure and Academic, Psychosocial, and Physical Well-being by Middle Childhood. Linda S. Pagani, PhD; Caroline Fitzpatrick, MA; Tracie A. Barnett, PhD; Eric Dubow, PhD. *Arch Pediatr Adolesc Med.* 2010;164(5):425-431. <http://archpedi.ama-assn.org/cgi/content/abstract/164/5/425>

Television and Video Game Exposure and the Development of Attention Problems. Edward L. Swing, Douglas A. Gentile, Craig A. Anderson and David A. Walsh. *Pediatrics* published online Jul 5, 2010; DOI: 10.1542/peds.2009-1508 <http://www.pediatrics.org>

SCREENS AND OBESITY

Do More Watch Less

www.cdph.ca.gov/programs/schoolhealth/Pages/DoMore,WatchLessTVTool.aspx

Focusing on TV: Obesity prevention for tween-age girls. (Berkeley, Research to Action) www.cwh.berkeley.edu/sites/default/files/primary_pdfs/Focusing_on_TV_7.07_0.pdf

Reducing Children's Television Viewing to Prevent Obesity. (Robinson, 1999) *JAMA.* 1999; 282:1561-1567. www.jama.ama-assn.org/cgi/content/full/282/16/1561?ck=nck

Sleep Deprivation Increases Risk of Obesity.

<http://www.canada.com/health/little+sleep+raises+obesity+risk+children/3500265/story.html>

Statistics Canada Issue Nutrition: Findings from the Canadian Community Health Survey Issue no. 1 82-620-MWE2005001, Shields, Margot (2005). Measured Obesity overweight Canadian children and adolescents, p. 5.

Sugary drinks and childhood obesity. Moreno, M.A (April 2009). *Archives of Pediatrics and Adolescent Medicine*, 163, Retrieved June 22, 2009, from <http://archpedi.ama-assn.org/cgi/content/full/163/4/400>

SCREENS AND PARENTING

Caring for Kids (Canadian Paediatric Society)

www.caringforkids.cps.ca/growinglearning/GoodTelevision.htm

Centre for Screen Time Awareness

www.screentime.org/index.php?option=com_content&task=view&idItemid=21

Generation M: Media in the lives of eight to eighteen year olds.

Kaiser Family Foundation (2005, March). Available online at:

www.kff.org/entmedia/entmedia030905pkg.cfm

. Susan A. Carlson, MPH

Janet E. Fulton, PhD, Sarah M. Lee, PhD, John T. Foley, PhD, Carrie Heitzler, PhD, Marian Huhman, PhD
PEDIATRICS Vol. 126 No. 1 July 2010, pp. e89-e96 (doi:10.1542/peds.2009-3374)

<http://pediatrics.aappublications.org/cgi/content/abstract/126/1/e89>

Kids Health: Parents (Nemours)

www.kidshealth.org/Search01.jsp

Monitoring Screen Time

Norton Online Living Report, 2009. Symantec Corporation. www.nortononlineliving.com/documents/NOLR_Report_09.pdf

Screen Smart

www.screensmart.ca/

Television and Children. Kyla Boyse, RN.

www.med.umich.edu/yourchild/topics/TV.htm

We can! (National Heart and Lung and Blood Institute)

www.nhlbi.nih.gov/health/public/heart/obesity/wecan/tools-resources/tools-reduce-screen-time.htm

SCREENS AND SAFETY

CyberTips

<http://www.cybertip.ca/app/en/>

Enough Is Enough

www.enough.org/inside.php?id=E7A5VT6VM

Microsoft Online Safety

www.microsoft.com/protect/familysafety/default.aspx

Policy Statement on Television Viewing. American Academy of Pediatrics: Children, Adolescents, and Television Committee on Public Education. PEDIATRICS Vol. 107 No. 2 February 2001, pp. 423-426

The Door that is Not Locked

www.thedoorthatsnotlocked.ca/app/en/

SCREENS AND SOCIALIZATION

JAMA and Archives Journals. "Teens with more screen time have lower-quality relationships."

ScienceDaily 2 March 2010. 7 February 2011

<http://www.sciencedaily.com/releases/2010/03/100301165614.htm>

Is Television Viewing Associated With Social Isolation? Roles of Exposure Time, Viewing Context, and Violent Content. David S. Bickham, PhD; Michael Rich, MD, MPH

Arch Pediatr Adolesc Med. 2006;160:387-392.

www.archpedi.ama-assn.org/cgi/content/abstract/160/4/387

Young Canadians in a Wired World Student Survey, 2000 - 2005, Media Awareness Network (MNet),

www.media-awareness.ca/english/research/ycww/index.cfm